

Do You Know...



NILP offers many programs for the communities we serve. Our programs can be combined to offer the best possible range of services. Our services are free with the exception of our Education Division.

Community Support Services (CS)

Long Term Services & Supports (LTSS)

Nursing Home Transition Services

Personal Care Assistance Program (PCA)

The Merrimack Valley Aging & Disability Resource Consortium (ADRC)

- Options Counseling (OC)

Youth Services Program (YSP)

NILP's Education Division

Our daily work is guided by **Our Vision Statement:**

Northeast Independent Living Program is known throughout the state for helping individuals regain and retain their independence and equality in the community through Information & Referral, Advocacy, Skills Training, Peer Counseling and Transitions.

We are a community of people who open doors to create an all-inclusive community free of communication, attitudinal, economic and architectural barriers for all people with disabilities.



We Are connecting people with possibilities.



For more information, please visit
www.nilp.org/NERLC
www.facebook.com/NERLC



20 Ballard Road, Lawrence, MA 01843
35 John Street 2nd Floor, Lowell, MA 01852
Tel: 978-687-4288 (V/TTY) Fax: 978-689-4488



The Northeast Recovery Learning Community (NERLC)

How Can NILP Help YOU. **CALL US AND FIND OUT**
978.687.4288

What is Our NERLC Program?

The Northeast Recovery Learning Community (NERLC) provides welcoming, safe, understanding, judgment-free spaces where individuals of diverse backgrounds can gather for healing and growth. We are a community of peers in recovery from mental health challenges, addiction and/or traumatic life experiences. The NERLC supports individuals on their journeys to obtaining and maintaining wellness in a variety of ways, including : 1:1 peer support, peer support groups, self-directed recovery-oriented trainings, advocacy and through an array of community events and activities. We serve 69 cities and towns throughout the Northeast region and have offices in the following locations: Lawrence, Lowell, Lynn and Malden.



What is Peer Support?

Peer support is the “process of giving and receiving encouragement and assistance to achieve long-term recovery”. Peer supporters “offer emotional support, share knowledge, teach skills, provide practical assistance, and connect people with resources, opportunities, communities of support, and other people” (Mead, 2003; Solomon, 2004). The NERLC’S Peer Specialists and Recovery Coaches are state certified and use their own lived experience with mental health, addiction and trauma recovery to provide support focused on advocacy, education, mentoring, and motivation. The NERLC actively promotes recovery in a variety of ways and works to connect our members to the communities in which they live.

Please Visit Us

Feel free to make an appointment to visit one of our four hub offices.

Lawrence

20 Ballard Road
Lawrence, MA 01843
978-687-4288 ext.131

Lowell

35 John Street
Lowell, MA 01852
978-687-4288 ext.200

Lynn

1 Market Street Ste 203
Lynn, MA 01901
978-687-4288 ext.202

Malden

40 Eastern Ave. Ste 318
Malden, MA 02148
978-687-4288 ext.201

The NERLC Offers:

- Peer Support Groups
- Workshops and Training
- Social Events
- Groups & Activities for Older Adults
- LGBTQIA Support Groups
- Activities for Young Adults
- Peer Workforce Prep Training
- Volunteer & Stipend Opportunities
- Support for Voice Hearers
- Spanish Language Trainings
- Information & Referrals
- Addiction Recovery Support
- Community Bridging
- Advocacy
- Online Meetings & Trainings

