Do You Know...



NILP offers many programs for the communities we serve. Our programs can be combined to offer the best possible range of services. Our services are free with the exception of our Education Division.

Community Support Services (CS)

Long Term Services & Supports (LTSS)

Personal Care Assistance Program

The Merrimack Valley Aging & **Disability Resource Consortium (ADRC)**

- Options Counseling (OC)

The Northeast Recovery Learning **Community (NERLC)**

Youth Services Program (YSP)

NILP's Education Division

Our daily work is guided by **Our Vision Statement:**

Northeast Independent Living Program is known throughout the state for helping individuals regain and retain their independence and equality in the community through Information & Referral, Advocacy, Skills Training, Peer Counseling and Transitions.

We are a community of people who open doors to create an all-inclusive community free of communication, attitudinal, economic and architectural barriers for all people with disabilities.

> For more information, please visit www.nilp.org



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We Are connecting people with possibilities.



Nursing Home Transition Services

How Can NILP

CALL US AND FIND OUT Help YOU. 978.687.4288

What is **Our NHT Service?**

Nursing Home Transition is a service that assists individuals with disabilities in transitioning from nursing facilities into the community with the necessary supports to live independently or to avoid a nursing facility re-admission.



"Without the support of NILP, I honestly don't know where I would be now, both physically and mentally. I'm too young to be in an institution. I have my freedom, independence, and mental health back."

- NILP Consumer



What Sets Us Apart

- We believe that every individual has the right to succeed or fail in the pursuit of independence in the community.
- Our staff are there to assist in accessing services the consumer chooses.

Goals

- Promote independence
- Enhance overall quality of life



NILP'S Nursing Home Transition Services

- An individual may self-refer or be referred by someone else such as a family member, social worker, or ADRC partner
- Your initial point of contact will be with an Options Counselor who will help you identify your goals. They will then explain the various in-home and community programs & services available.
- Some of the services could include:
 - MFP Waivers
 - Education on Housing search process and/ or core documents needed
 - Accessing Housing Applications
 - Home Modifications and/or Assistive Technology
 - In home PCA services
- Once short term services have been established a Nursing Home Transitions Coordinator is introduced to the process to continue working with you long term.

"NILP did an excellent job of helping me with everything. Now I've been living independent for 10 months."

- NILP Consumer