



*Peer2Peer Resources for
People with Disabilities*

We Are connecting people with possibilities.



Northeast Independent Living Program **2018 Annual Report**

Fiscal Year July 1, 2017 to June 30, 2018



Letter from the CEO

As I begin to think about writing this CEO Letter for the NILP Annual Report; I will share that I thought, where do I start? So, my first step was to look at the forecast I made in last year's report. This section is pulled from last year's Annual Report:

"What to Expect in Fiscal Year 2018"

- NILP partners with Elders Services of the Merrimack Valley to become a Long-Term Services and Supports (LTSS) Community Partner

✔ *Yes! We formed the Merrimack Valley Community Partnership for MassHealth Members enrolled in ACOs.*

- NILP completed its 5-year Strategic Plan, 2018- 2023

✔ *Yes! Our 5-Year Strategic Plan is available to all on our NILP Website.*

- NILP expands services to the Lowell Area Community with a plan for a full-service satellite office in Lowell

✔ *Yes! Our Lowell Office Opened in April 2018, located at 35 John Street (Downtown near the John Street Parking Garage).*

- NILP continues to educate local health care organizations, non-profits and businesses with customized Disability Awareness and Cultural Competence Training

✔ *Yes! We have conducted over 27 Trainings reaching approximately 450 Individuals.*

- NILP expands its ADA Consulting Services

✔ *Yes! NILP has worked with multiple cities and towns this year to develop ADA Transition Plans including such towns as: Groton, Hudson, and Groveland.*

I guess you could say it has been a busy and successful year for NILP. Success is measured by our increased outreach and services to individuals living with a disability in our communities.

Sincerely,

June C. Sauvageau
NILP Chief Executive Officer



"I guess you could say it has been a busy and successful year for NILP."



"We look forward to the continued growth and success of NILP."

Letter from the President of the Board of Directors

Serving on the Board of NILP for the past seven years, I've been proud to watch the organization grow and evolve as it continues to provide excellent services and advocacy for people with disabilities and helps them regain and retain their independence. This past fiscal year has been very successful as the organization continues to remain financially stable. We have had many important events and milestones including the opening of our new satellite office in Lowell and our NILP Golf Tournament for Independence.

We have continued to add new members to the Board of Directors who bring with them a passionate commitment to the organization. I am proud to serve with the other Board members and collaborate with the dedicated hard working staff of NILP. There is no limit to what these individuals can accomplish working together. On behalf of the NILP Board of Directors, we look forward to the continued growth and success of NILP as we continue to support our consumers and the community.

Sincerely,

Eric Pearson
President, NILP Board of Directors

FY' 2018 NILP EXECUTIVE COMMITTEE TEAM

June Cowen Sauvageau, CEO
Lisa DiGiuseppe, CFO

Nanette Goodwin, Assistant Director
Meghan McCann, Associate Director

FY' 2018 PROGRAM DIRECTORS / MANAGERS

Jim Lyons, Director, Community Development & Advocacy
Matt Pellegrino, Director, Long Term Services & Supports
Mark Wheeler, Director, Marketing & Communications
Helina Fontes, Director, Recovery Learning Community
Jennifer D'Amore, Director of Operations

Justine Carlton, Clinical Support Manager
Jennifer Howell, Transitions Department Manager
Alicia Thyne, Youth Services Program Manager
Cindy Carrubba, PCA Manager

FY' 2018 BOARD OF DIRECTORS



Eric Pearson - **President**
Chris McNeil - **Vice President**
David Bradburn - **Treasurer**
David Ellingson - **Clerk**

Jeff Wilson
Richard Consoli
Kathleen Mulligan
Kevin Hatch
Sid Harris (Serving Board Nominee)



OUR COMMITMENT TO THE COMMUNITY

Our Mission

The Northeast Independent Living Program, Inc. is a consumer controlled Independent Living Center providing advocacy and services to people with all disabilities who wish to live independently in the community.

Our Philosophy

Independent Living philosophy states that individuals with disabilities are the best determinants of their own needs and service choices. Through role modeling and peer counseling, with other individuals with disabilities, they become empowered to make changes in their lives and become more self-sufficient and self-reliant.

Our Vision

Northeast Independent Living Program is known throughout the state for helping individuals regain and retain their independence and equality in the community through *Information & Referral, Advocacy, Skills Training, Peer Counseling and Transitions*. We are a community of people who open doors to create an all-inclusive community free of communication, attitudinal, economic and architectural barriers for all people with disabilities.

WHAT TO EXPECT IN 2019

- NILP launched a full-service office in Lowell in 2018 at 35 John Street. Over 1/3 of NILP's participants live in the Lowell area. In 2019, NILP will strengthen our Lowell ties and partnerships and believe we will create better integrated services for our Lowell Residents.
- NILP Community Partnership with Elder Services of the Merrimack Valley is resulting in a newly formed Merrimack Valley Community Partners (MVCP). The MVCP is designated by Masshealth to provide Long Term Services and Supports to Masshealth Members enrolled in Accountable Care Organizations. (ACOs)
- NILP's Education Division, the Training and Learning Collaborative, is celebrating its 5th year. We anticipate continued growth to increase Disability Cultural Competency Trainings to our businesses, health care providers and municipalities.
- The NILP's Northeast Recovery Learning Community (NERLC) continues to expand its reach with peers to peers living in recovery. Our geographic area now includes the greater Acton area; as well as NERLC offices in Malden, Lowell, Lynn, Gloucester and Lawrence.



MARK YOUR CALENDAR IN 2019

- Legislative Forum, Mass School of Law, Andover, MA - March 22nd
- Annual Golf Tournament for Independence, Merrimack Valley Golf Club, Methuen, MA - June 14th
- Annual Meeting & Open House NILP Lawrence Office - October 23rd

"I appreciate everything you guys have done. You couldn't get much out of her, but now she's opened up so much and we are very thankful. If you know her, you know that it's hard to get her to crack a smile and she has not stopped smiling since she began her internship."

NILP Consumer Parent

NILP OFFERS FIVE BASIC CORE SERVICES

Information and Referral

NILP staff provides information and resources to people living with disabilities and the community about accessible services and supports.

Peer Support

As a peer run organization, we provide peer mentoring and peer counseling support services on an individual basis or in group settings.

Skills Training

May include instruction to develop independent living skills in areas such as: personal care, budgeting, social skills, housing search, employment readiness and travel training.

Advocacy

Individual assistance and/or systems advocacy for people living with a disability to gain access to benefits, services and support programs.

Transitions Services

We facilitate the transition of people with disabilities from nursing homes and other facilities to home and community based living with the necessary support services to help them live independently. We also support the transition of youth with disabilities into higher education, the workforce and the community.



“I was holding him back and thanks to you, I’ve learned to let go a little. I drop him off without walking him into the building and that is huge for him.”

NILP Consumer Parent

NILP PROGRAMS

Northeast Recovery Learning Community (NERLC)

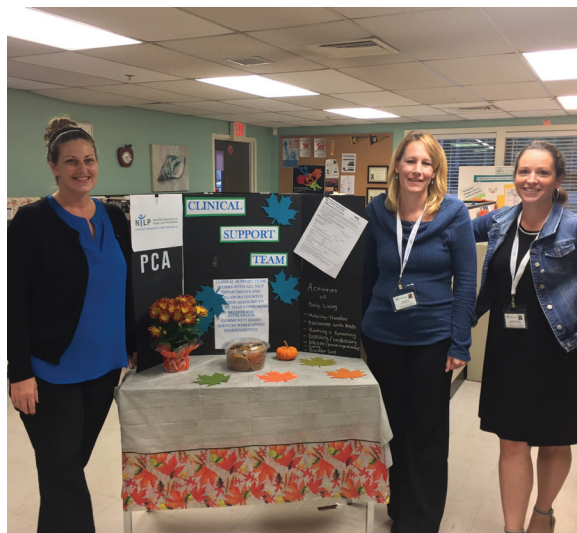
NERLC provides welcoming, safe, understanding, judgement-free spaces where individuals of diverse backgrounds can gather for healing and growth. We are a community of peers in recovery from mental health challenges, addiction and or traumatic life experiences. The NERLC supports individuals on their journeys to obtaining and maintaining wellness in a variety of ways, including: 1:1 peer support, peer support groups, self-directed recovery-oriented trainings, advocacy and through an array of community events and activities. We serve 69 cities and towns throughout the Northeast region and have offices in the following locations: Lawrence, Lowell, Lynn, Malden and Gloucester.

Long-Term Services and Supports (LTSS) – One Care Program

MassHealth’s One Care program is entering its sixth year and NILP has served as an LTSS provider since the program’s inception. Our LTSS Coordinators work with One Care plan members to identify resources and services in the community that promote independence, wellness and recovery goals. Every member has the right to choose to have an LTSS Coordinator on their care team to act as an independent advocate to provide expertise on community resources that may be available to them.

Title VII Part B Funding

NILP has access to limited funding through the federal Rehabilitation Act of 1973, which may be provided to individuals with disabilities to assist them in achieving goals related to living independently in the community. This funding can be used to obtain such things as home modifications, vehicle modifications, assistive technology, etc.



Merrimack Valley Aging and Disability Resource

The ADRC is a collaboration between NILP and Elder Services of the Merrimack Valley that has a “no wrong door” entry point of service for people with disabilities and elders looking to access community-based services. A specialized service provided under the ADRC is Options Counseling, an interactive, short-term decision-support process that involves providing individuals with information about the full range of public and private resources, services, and settings available in their community of choice.

Community Supports

Our Community Supports (CS) services assist people with disabilities in navigating the process of obtaining benefits and services on their path to living independently in the community. Providing Information & Referral, Peer Counseling, Skills Training, and Advocacy, individuals are able to apply and search for affordable and accessible housing, apply for benefits such as MassHealth and Social Security, or acquire assistive technology.

Personal Care Assistance Program (PCA)

The PCA Program is essential for thousands of persons with disabilities who choose to live independently. The program is consumer controlled and the person receiving the services manages it or with the assistance of a surrogate of their choice. PCA consumers can receive assistance with activities of daily living such as bathing, eating, or dressing. Currently 2,200 consumers are benefiting from our PCA services and every day the program increases.





NILP PROGRAMS

Youth Services Program

The Youth Services Program serves youth ages 14-22 with disabilities. We work with students individually and in group settings to develop independent living skills such as: employability, improve communication skills and strengthen their social skills. Students gain a sense of empowerment and responsibility by working on their personal goals while they begin their transition to adulthood.



NILP HOSTED SOME WONDERFUL EVENTS IN FY' 2018



Annual Legislative Forum

NILP & Elder Services of the Merrimack Valley, Aging and Disability Resource Consortium partners, hosted a successful Legislative Forum on March 23, 2018, at the Mass School of Law. The main focus of the forum was "MassHealth Changes - How Will They Affect You?". Over 100 people attended this event including consumers, State Senators and Representatives, local officials, and community agencies.



We are proud to be a part of the Merrimack Valley Community Partnership (MVCP): Northeast Independent Living Program and Elder Services of the Merrimack Valley

The Long-Term Services and Supports Community Partners (LTSS CP)

The Long-Term Services and Supports Community Partners (LTSS CP) is a program offered by your MassHealth health plan. The LTSS CP was created to better help you find local services and benefits to help improve your independence and wellbeing. The Merrimack Valley Community Partnership (MVCP) was formed to provide these services in the Greater Merrimack Valley. If you enroll in the program, MVCP will assign you a LTSS CP Care Coordinator/ Navigator (CP/ Navigator). Your CP/Navigator will meet with you and your primary care doctor, create a plan, and help you get the services and supports you need to better live independently in the community. Participation in a LTSS CP program will not affect other services you receive.



Access to services or benefits including:

- Access to a device that helps you communicate
- Access to a wheelchair to get around
- Help preparing meals or shopping
- Help managing your medications
- Help finding accessible transportation to get you to appointments and other places
- Training, support and education to help you meet your goals

Ribbon Cutting & Open House

We hosted the Grand Opening of our second office in downtown Lowell, on June 21, 2018. This great event included a Ribbon Cutting ceremony officiated by the Greater Lowell Chamber of Commerce and the Mayor of Lowell, William Samaras. We had an amazing turnout with approximately 100 people attending this wonderful networking event. This provided attendees the opportunity to meet our staff and learn about our programs and services.



Annual Golf Tournament

NILP's successful Golf Tournament for Independence was held on June 8, 2018, at the Merrimack Valley Golf Club. This year's golf tournament was a huge success! The Awards Luncheon gave everyone a chance to connect with friends and have fun. The raffle and auction donations included sport items, gift cards, and family fun activities which had everyone laughing and competing against each other. Many thanks to all of our Golfers, Sponsors, Donors, Volunteers, NILP staff members. We really could not have done it without your support!



NILP EVENTS IN FY' 2018



Information Session

NILP hosted an "Information Session about the Changes Coming to MassHealth" on February 20, 2018. The event was facilitated by Bill Henning, Executive Director of Boston Center for Independent Living and members of Disability Advocates Advancing our Healthcare Rights. The event was well attended and informed consumers about the formation of MassHealth Accountable Care Organizations and explained the role of Community Partner.



Training and Learning Collaborative (TLC)

NILP's education division, TLC, continued in its' growth as a "one-stop" resource for training and consulting in the areas of Disability Cultural Competence and ADA Compliance. TLC provided 27 trainings. Some of our clients included: the Town of Boxford, the Town of Hudson, and Central Boston Elder Services

The Massachusetts Statewide Independent Living Council (MASILC)

MASILC held its' annual Education Day on March 20, 2018, at the State House. Participants in this event included MASILC members, ILC staff and consumers along with community allies in a day of ILC education with legislators. The priorities discussed were aligning MA Architectural Access Board regulations with the Americans With Disabilities Act, ILC FY' 19 funding request, Youth Leadership budget request, Increased Funding for the Alternative Housing Voucher Program, and Access to Healthcare. NILP was proud to be involved in this important event.

Housing Strategies for Aging and Disabled in the Merrimack Valley

On March 1, 2018, NILP hosted a Forum on Housing Strategies for the Aging and Disabled facilitated by the Merrimack Valley Planning Commission. NILP staff and other community agency representatives provided input regarding the challenges in meeting the housing needs of elders and people with disabilities going forward.

FINANCIALS

The Northeast Independent Living Program, Inc.
Statements of Financial Position As
of June 30, 2018 & 2017

| | Assests | |
|---|------------------------------------|---------------------|
| | <u>2018</u> | <u>2017</u> |
| Assests | | |
| Cash and Cash Equivalents (Note 1) | \$ 802,295 | \$ 699,554 |
| Accounts Receivable (Note 1), (Allowances for doubtful accounts is \$0 & \$27,613 Respectively) | 525,425 | 573,586 |
| Prepaid Expenses | 21,548 | 9,125 |
| Property and Equipment - net | 697,012 | 720,238 |
| Total Assests | <u>\$ 2,046,280</u> | <u>\$ 2,002,502</u> |
| | Liabilities and Net Assests | |
| Liabilities | | |
| Accounts Payable | \$ 69,947 | \$ 81,883 |
| Accrued Expenses | 141,711 | 129,858 |
| Current Portion of Long-Term Debt (Note 6) | 15,302 | 14,708 |
| Long-Term Debt (Note 6) (Net of unamortized debt issue) | <u>382,427</u> | <u>397,131</u> |
| Total liabilities | 609,387 | 623,581 |
| Net Assests (Note 1) | | |
| Without Donor Restrictions | | |
| Unrestricted | 1,436,893 | 1,378,922 |
| Designated by the Board for Operating Reserve | <u>—</u> | <u>—</u> |
| | 1,436,893 | 1,378,922 |
| With Donor Restrictions | <u>—</u> | <u>—</u> |
| Total Net Assests | 1,436,893 | 1,378,922 |
| Total Liabilities and Net Assests | <u>\$ 2,046,280</u> | <u>\$ 2,002,503</u> |

The accompanying notes are an integral part of the financial statements.
*Financials are in draft format and are subject to change.

Grants & Partnerships

DEAF, Inc., Brighton, MA
Disability Law Center (DLC), Boston, MA
Elder Services of the Merrimack Valley (ESMV), Lawrence, MA
Mystic Valley Elder Services (MVES), Malden, MA
Career Resource Center (CRC)
Disability Policy Consortium (DPC)
Easter Seals
Massachusetts Office on Disability (MOD)

Major Funding Sources

Massachusetts Rehabilitation Commission (MRC)
Department of Mental Health (DMH)
Executive Office of Health and Human Services (EOHHS)
Executive Office of Elder Affairs (EOA)



STAFF AND VOLUNTEER RECOGNITION

Years of Service Awards



June Cowen Sauvageau, NILP CEO - 10 Years – June is a strong, compassionate, patient, dedicated and authentic person who always puts others before herself. She is an advocate and leader for the empowerment of individuals with disabilities. As a role model, June encourages the development of others to reach their full potential. Her support, knowledge and guidance serve as a source of strength, enrichment and reassurance to all who know her.



Adelaida "Judy" DeJesus, PCA Program Lead Skills Specialist - 30 Years Known for her compassion and caring nature, Judy goes above and beyond when it comes to her consumers' needs. She is a good listener and strong advocate when it comes to ensuring the rights of her consumers. She is the "go to" person when anyone has a question or need due to her vast knowledge of NILP programs and services as well as community resources. Judy recently received an Associates Degree of Arts. She also has certificates in Christian Counseling, Therapeutic Family Counseling and Addiction Counseling.

25 Year Service Award – was presented to **Jo Bower** with sincere appreciation for her loyalty, diligence and outstanding performance.

15 Year Service Award – was presented to **Maureen McGaw** with sincere appreciation for her loyalty, diligence and outstanding performance.

10 Year Service Award – was awarded to **Janet Kowalchuk** with sincere appreciation for her loyalty, diligence and outstanding performance.

5 Year Service Award – was presented to **Alicia Thyne, Marisa Allen and Mark Wheeler** with sincere appreciation for their loyalty, diligence, and outstanding performance.

Outstanding Effort Awards

ADA Champion Award – was presented to **Steve Bibeau** of Mobility and More for his commitment and dedication to ensuring the rights of people with disabilities and support of our mission.

Community Partnership Award – was presented to **Lorna Lovell** of ABC Payroll for her commitment to independent living and support of our mission to improving the lives of people with disabilities.

David E. Ray Award – was presented to **Mary Margaret Moore** for her leadership, tenacity and commitment to improving the lives of people with disabilities.

Outstanding Leadership Award – **Fran Kuchar** received this award in recognition of her years of service and leadership as a member and President of the Board of Directors.

Outstanding Leadership Award – **Lisa Visone** received this award in recognition of her years of service and leadership as a member and Treasurer of the Board of Directors.

Outstanding Leadership Award – **Mike Alan** received this award in recognition of his years of service and leadership as a member of the Board of Directors.

Staff 110% Award – **Rowan DeAza and Sheila Hegarty** received this award for their outstanding and dedicated work at NILP.

Volunteer Award – **Lisa Hyland** of Methuen High School and **Kim Fall** received this award for their outstanding and dedicated work as volunteers and supporters of our mission.



FY' 2018 Volunteers

Armand Buonanno

Lisa Crider

Methuen High School

Paul Castiglione

Rosemary Dunlop

Madison Turner

Cheryl Hardwood Bell

Sam Chivers

FY' 2018 Interns

Gideon Bresley - Middlesex Community College

Ryan Balachandran - Transitional Internship Program

Yelitza Duran - Regis College



A SPECIAL TRIBUTE

In Memoriam

Frances Adams

Sharon Bengston

Robert Clarke

Miriam Cora

Angela Velez

Christine Javierre

Carmen Hernandez Caceres

Charles Kennedy

Gail Lacriox

Mercedes Macasaet

Paul Warren

Robert S. Marcy

Joseph McGillicuddy

Robert Odum

Agustina Ortiz-Gonzalez

Daniel R. Pelletier

Yoeun Yatg

Ana J. Pena

William Ramsay

Maria Shalhoub

Edward J. Souza

Denise Tellier



Jami Cope was a compassionate, strong-willed woman who was involved with NILP for many years in many capacities. She not only was a consumer, she served as the President of our Board of Directors and later as lead to our volunteer group of ambassadors focusing on our re-branding process. Her commitment and dedication to ensuring the rights of people with disabilities was evident in her willingness to advocate for everyone. Not matter what she was going through, she always had time to listen and help someone in need.



Kellianne O'Brien was a creative, talented, generous, altruistic, friendly person who was always thinking of people less fortunate than herself. As Director of NILP's Recovery Learning Community and a leader in the Mental Health Recovery field, Kellianne's voice made a massive difference. In 1994, she began a journey of recovery through the healing power of art. Her art work was very spiritually inspiring and during the past several years, caught the attention of audiences in Europe, especially Italy.



Lorena Mojica was a strong, courageous woman who, despite life's challenges, never complained. She was a private person yet kind and always gave of herself. Always putting others first, she was compassionate and dedicated to the consumers she served as a supervisor in NILP's PCA Program.

“My sister has MS and relies on the PCA program and her services were suddenly cut off. NILP was able to investigate the issue, get it resolved and get her PCA services back on so quick. Thank you for providing exceptional services!”

NILP Consumer Family Member

SPONSORS AND DONORS

| | |
|--|--|
| Adaptive Driving Program, Inc. | KYOCERA Document Solutions New England |
| Adventure Health Massage | LaQuinta |
| Appleby & Wyman | Launch Trampoline Park |
| Asahi-America | Lenzi's Catering |
| Assisted Living Locators | Long Term Pharmacy Solutions, Inc. |
| Barbara Currier | Lowell Five Bank |
| Bates Insurance | Lowell Spinners |
| Bob's Discount Furniture Charitable Foundation | Mary White |
| Boston Bruins Foundation | Massachusetts School of Law |
| Calendar Press | Merrimack Valley Credit Union |
| Career Resources Corporation | Merrimack Valley Golf Club |
| CBG Benefits | Moonstones110 |
| Cedar's Mediterranean Foods | Moore Staffing |
| Mike & Charlotte Allan | Nancy Sullivan |
| Charm Medical Supply | Northshore Music Theatre |
| CLASS, Inc. | N-Tek, Inc. |
| CME Energy | Omni Digital Printers |
| Commonwealth Care Alliance | Pawtucket Red Sox |
| Community Teamwork, Inc. | Pinnacle Private Wealth |
| Conlins Pharmacy | PRIDESTar EMS |
| Conway Scenic Railroad | ProTire & Tune, Billerica |
| Herb Chambers Chrysler Dodge Jeep Ram of Danvers | QPL Inc. & The Image Group |
| Disability Policy Consortium | Riverside Press |
| Elder Services of the Merrimack Valley | Salem Co-operative Bank |
| Element Care | Sheila & Tim Hegarty |
| Enterprise Bank | The Savings Bank - Wakefield |
| Essex Street Inn, Newburyport | Stephen & Hilary Harston |
| Gary & Lynn Hale | Tompkins Corporation |
| Golden House Restaurant | Union Office |
| HIRSCH ROBERTS WEINSTEIN | Union Office Interiors/Supply |
| Holly Casaletto | Warrior Custom Golf |
| Indian Ridge Country Club | Wood Be Creations |
| J Brian's Pub & Grille | |
| Key Polymer | |

We are connecting people with possibilities.



WAYS TO GIVE

As a 501(c)(3) non-profit, the Northeast Independent Living Program, Inc., relies on the ongoing support of individuals, foundations, companies, and organizations. If you would like to help people with disabilities to realize their dream of living independently in the community, please consider donating in one of the following ways:

Gift

Funds donated as a gift allow us to provide resources to individuals who may not qualify for other sources of support.

In Memoriam

A special tribute to honor a loved one, friend or colleague can be made through a memorial or celebration gift. Each gift is acknowledged to the individual and/or family.

Planned Gift - Gifts such as bequests, charitable gift annuities, trusts, and paid up life insurance, are always welcome. These can be arranged through your financial advisor or attorney.

Fundraisers

NILP hosts events throughout the year that are open to the public. We welcome volunteers, in-kind contributions and donations.

Send a check to NILP, 20 Ballard Road, Lawrence, MA 01843 or donate online at www.nilp.org

For questions, contact Mark Wheeler, Director of Marketing & Communications at 978-687-4288 ext. 116 or mwheeler@nilp.org

Thank you in advance for your donations. All gifts and contributions are tax deductible as permitted by law. Please contact your financial advisor.

Member of the ADRC of Merrimack Valley



Commonwealth of Massachusetts
Statewide Independent Living Council (MASILC)



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