

## Do You Know...



NILP offers many programs for the communities we serve. Our programs can be combined to offer the best possible range of services. Our services are free with the exception of our Education Division.

**Community Support Services (CS)**

**Long Term Services & Supports (LTSS)**

**Nursing Home Transition Services**

**The Merrimack Valley Aging & Disability Resource Consortium (ADRC)**  
- Options Counseling (OC)

**The Northeast Recovery Learning Community (NERLC)**

**Youth Services Program (YSP)**

**NILP's Education Division**

## Our daily work is guided by **Our Vision Statement:**

Northeast Independent Living Program is known throughout the state for helping individuals regain and retain their independence and equality in the community through Information & Referral, Advocacy, Skills Training, Peer Counseling and Transitions.

We are a community of people who open doors to create an all-inclusive community free of communication, attitudinal, economic and architectural barriers for all people with disabilities.

For more information, please  
visit [www.nilp.org](http://www.nilp.org)



**NORTHEAST INDEPENDENT LIVING PROGRAM INC.**

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*We Are connecting people with possibilities.*



## **Personal Care Assistance Program (PCA)**

How Can NILP Help YOU. **CALL US AND FIND OUT 978.687.4288**

# What is Our PCA Program?

NILP's Personal Care Assistance Program (PCA) is an integral support program for thousands of people living with disabilities who choose to live independently.

Our PCA program is a MassHealth funded program in which consumers receive assistance with Activities of Daily Living. It is consumer controlled and allows the person receiving the services to manage their program independently, or with the assistance of a surrogate of their choice.



*"This program has helped many people like myself to not give up and to move forward despite our disability."*

**– NILP Consumer**



## Who is Eligible?

The following criteria must be met to qualify:

- Have MassHealth Standard or MassHealth CommonHealth
- Have a permanent or chronic disability
- Require physical assistance with two or more Activities of Daily Living (ADLs)

Some ADLs include:

- Eating
- Dressing
- Grooming
- Medication Administration
- Passive Range of Motion

## Who Can Be My PCA?

Anyone at least 14 years of age, legally able to work in the United States, who is NOT your

- Legal Guardian
- Spouse
- PCA Surrogate

## NILP'S PCA PROGRAM

- We receive referrals from consumers, family members, doctors and other providers
- All potential consumers are screened for eligibility
- If eligible, we will call you to set up an intake assessment
- Our Nurses and Occupational Therapists will conduct an evaluation to determine how much assistance you need
- Our PCA Skills Specialists will provide you and/or your surrogate with Orientation and Skills Training to help you learn about the PCA Program

*"The PCA program is a godsend. I don't know how I would manage without it."*

**– NILP Consumer**

